



INCREASING TEENS SOCIAL SKILLS

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Joining a group

2

Understanding social cues

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Peer pressure

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Social media

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Phone and text messages

6

Reciprocal conversations

Learn techniques and procedures that can be used to help improve and increase your teens socialization with peers. Expand your knowledge on important skills you can teach your children to help them understand phone and social media adequate and safety guidelines.

Helpful resources:

- The Social Success Workbook for Teens
- How To Start A Conversation And Make Friends
- Social Rules for Kids